

Instructions for Measuring Wind Ensemble Dress

Hints:

The person being measured should be dressed in light, non-bulky clothing. Do not attempt to measure over jeans. **Always take measurements, don't guess based on clothing size. These sizes may differ from the sizes where your daughter shops.**

Use a sewing tape measuring tool. These can be purchased at any sewing shop. I have even seen them at Wal-Mart and some drug stores in the sewing section. They are very inexpensive.

Do not let your daughter measure herself. When a person tries to measure herself, she bends and that changes the measurement.

How to measure:

1. Have your daughter stand straight with her arms loose at her sides.
2. Measure the bust at the fullest point – around the back and across the chest. Be sure the measuring tape is **parallel to the ground**.
3. Waist – Measure around the natural waist. (To find the natural waist, have your daughter stand up straight with her arms at her side. Have her bend to the side. Where the crease forms at the side is the natural waist.) She must straighten to do the measuring. Be sure the measuring tape is **parallel to the floor**.
4. High Hips – Measure around the hips five inches from the waist with the tape parallel to the floor. Be sure the measuring tape is parallel to the floor.

**You can go to <http://www.sepapparel.com/catalog/measurement-videos> for a good video about how to measure. Or call 1-800-821-8271 to speak to a representative of the company. We order the Soltanto Dress (D659).

Now that you have the measurements, look at the chart. Figure out which size your daughter's measurements fit into the best, without being too small. If your daughter is 5'8" or taller (**without shoes**), order a "tall" in that size. Tall sizes add 2 inches to the length of the skirt and 1 inch to the bodice. Remember, dresses can be made smaller through alterations, but not made larger. There is a little leeway with the bust and waist measurement. The bust and waist have a 1" ease – past the measurements on the chart, so the measurement can be slightly larger than shown on the chart in those two measurements. (Actually, the skirt that we order is not tightly fitted at the hips so there is probable a little leeway there as well – No more than maybe an inch!)

Record the size you think would fit best. Expect to have to have alterations. These are "Off the rack" sizes. The measurements you take will just be to determine which size would **best fit without being too small**. **Items can be altered to be smaller but not larger!**