

Instructions for Measuring  
Freshman/Concert Band Skirt and Blouse

Hints:

The person being measured should be dressed in light, non-bulky clothing. Do not attempt to measure over jeans. Always take measurements, don't guess based on clothing size. These sizes may differ from the sizes where your daughter shops.

Use a sewing tape measuring tool. These can be purchased at any sewing shop. I have even seen them at Wal-Mart and some drug stores in the sewing section. They are very inexpensive.

Do not let your daughter measure herself. When you try to measure yourself, you bend and that changes the measurement.

How to measure:

1. Have your daughter stand straight with her arms loose at her sides.
2. Measure the bust at the fullest point – around the back and across the chest. Be sure the tape measurer is parallel to the ground.
3. Waist – Measure around waist where your daughter would wear a skirt – probably somewhere around the belly button. These skirts will not be worn where the now popular “low rise” pants are worn ☺
4. High Hips – Measure around the hips 5 inches below the waist. Be sure the measuring tape is parallel to the floor.

\*\*You can go to <http://www.sepapparel.com/catalog/measurement-videos> for a good video about how to measure. Or call 1-800-821-8271 to speak to a representative of the company. We order the Brahms top (H892), the Satin Classic skirt (I669) for most instruments and the satin A-Line (I675) skirt for girls who play instruments which require a fuller skirt.

Now that you have the measurements, look at the chart. Figure out which size your daughter's measurements fit into the best. If your daughter is 5'8" or taller (**without shoes**), order a “tall” in that size. Tall sizes add 3 inches to the length of the skirt. Remember, dresses can be made smaller through alterations, but not made larger. There is a little leeway with the bust and waist measurement. The bust and waist have a 1” ease, so the measurement can be slightly larger than shown on the chart in those two measurements.

Record the size you think would fit best. **Expect to have to have alterations.** These are “Off the rack” sizes. The measurements you take will just be to determine which size would best fit **without being too small.** **Items can be altered to be smaller but not larger!**